



ORCHIDS TRAIL IN THAILAND

*From November 4th to 12th 2025
Trail of 90km or 50km - 4 stages
(open to hikers)*



Some countries more than other give the desire to escape. Thailand is part of these dream destinations. The 4 steps of 20 to 35km or 10 to 20km each, will allow you to compete in places as beautiful as different in Chiang Mai region, North of the country.

Here, we are far from Bangkok and its pollution. The air is more breathable, less touristic than the south. Beaches are replaced by five parallel chains from Northern Thailand : they are the foothills of Himalayas. Today, Chiang-Mai is the north tribes capital. Located at the gates of the "Golden Triangle", Chiang Mai has the reputation of being one of the most beautiful city in the country
On November 5 and 6, we will attend the celebration of Loy Kratong: unforgettable!

Price: 1080€ for the first 12 registrations. 1120€ between the 13th and 22nd registrations. 1150€ from the 23rd registration.

The price include: Food (except the 2 nights at Chiang-Mai hotel) overnights, transfer, technical and medical assistance, repatriation's insurance

The price does not include the flight to Chiang Mai, personal expenses, cancellation insurance

7 extra days in Thailand

**Essential Running Equipment: Backpack /rain clothes / Whistle / a « kamel back » / a cap or a hat / suncream*

**ESSENTIAL DOCUMENTS: A validated passport (for at least the next 6 months). If you are not part of the European community, please Verify the documents needed at the Norway Embassy of your country.*

A medical certificate proving you are healthy to participate to this race (less than 3 months old) or a license.

Program 2025

Tuesday November 4th Flight to Chiang Mai

Wednesday November 5th :

Reception of participants at the Chiang Mai hotel.

In the evening, participation in the Loy Krathong festival.

Overnight in Chiang Mai

Thursday November 6th : Free day In the evening, participation in the Loy Krathong festival. Overnight in Chiang Mai

Friday November 7th: Transfer Chiang Dao Camp; bib distribution and instructions.

Saturday November 8th : 1st stages - 23km or 12km.

Sunday November 9th: 2nd stages 27km or 15km. Transfer Cocotier Resort Camp

Monday November 10th : 3rd stages 23km or 10km

Tuesday November 11th: 4th stages 27km or 13km / awards evening.

Wednesday November 12th : Transfer to Chiang Mai airport or departure of the extension

THIS PROGRAMM IS GIVEN AS AN INDICATION AND CAN BE MODIFIED

7 extra Tuesday 12th to 19th November

800€: *This price includes* all transfers; overnight stays with breakfasts, visits; 2 dinners.

This price does not include : midday and evening meals (except 3 dinners paid by the organization), personal expenses, drinks.

ORCHIDS TRAIL 2025 - SUBSCRIPTION

☐ RUNNER

☐ HIKER

☐ *no running people*

☐ 7 extra days November Tuesday 12th to 19th November (800€)

☐ Photo pack of 40€ instead of 50€ on site (all your photos corresponding to your bib as well as landscape and atmosphere photos). These photos will be taken during the 4 stages by a professional Thai photographer

LAST NAME : _____

FIRST NAME : _____

ADDRESS : (Zip Code, City, Country) _____

BIRTH DATE: _____

GENDER: ☐ (M) ☐ (F) T-Shirt ☐ XS ☐ S ☐ M ☐ L ☐ XL ☐ XXL

NATIONALITY: _____ WORK: _____

E-mail Address: _____

Phone Number: _____

For each registration, a transfer of €300 must be made

For transfers: Name of Bank: La Banque Postale / Account holder: Raids et Aventure / IBAN : FR98 2004 1010 1240 9942 5M03 356 / BIC : P S S T F R P P S C E

**Raids & Aventure Paul Vilcot ; 29 domaine de Château Gaillard
94700 Maisons Alfort / France Tel : +33 6 80 45 32 74**

www.raids-aventure.com / raids.aventure@outlook.fr

www.facebook.com/pg/RaidsetAventure / www.instagram.com/raids_aventure

RULES

- 01 /** the "Orchids Trail" is a race organized by "Raids & adventure" association. This trail is a free pace race. It is open to anyone starting 18 years old
- 02/** A medical certificate proving you are healthy to compete (less than 3 months old) or a license is required. The certificate shall be delivered not later than the eve of the race. If not delivered: you won't be able to compete.
- 03/** Each contestant will receive two bibs. They must be worn before and behind in a visible way. It is forbidden to cover a bib
- 04/** Classification: General men & Women
- 05/** Supplies (food & drink) are provided every 8 to 10 km. Each competitor is free to bring the amount of water and food he considers necessary
- 06/** The medical team on the raid is authorized to exclude from the race a competitor (Runner or walker) who it deems unfit to continue the event on medical grounds. Their decision will be final.
- 07/** Every step of the race will be marked: It is imperative to follow the signposting. If a competitor gets lost, he will not hold the organization responsible and his time will not be changed. In case of dispute, refer to section 8 of this regulation
- 08/** Any claim shall be presented to the Director of the race.
- 09/** The organization cannot be held responsible for problems related to the weather.
- 10/** For certain steps in the mountains and depending on the weather, the organization may impose to carry a small backpack, with clothes, for security reasons. Each competitor must bring a small bag backpack.
- 11/** Photos & videos: Photos will be proposed to each participant. Competitors will be able to use photos for their sponsors or newspapers if they quote the association and the photographer. All participants agree that the association "Raids & adventure" can use their name and individual or collective image for promotion and information concerning Raids & adventure
- 12/** Competitors commit to comply with these regulations by the mere fact of their inclusion.



EXTENSION PROGRAM



7-day extension from November 12 to 19 €800

This price includes: all travel; airport transfers; overnight stays in hotels with breakfast, visits and outings. Visit Sukhothai and Bangkok (Royal Palace or Wat Poo, Klongs, Ancient City, ...); 4 evening meals.

This price does not include: lunch and dinner (except 4 dinners paid by the organization), personal expenses.

Wednesday 12 to Friday 14 November: Transfer to Sukhothai by bus. 2 nights at the hotel. Visit Sukhothai. 1 free evening and 1 evening at the restaurant

Friday 14 November: Transfer to Bangkok by bus 4 nights at the hotel. Evening at the restaurant

Saturday 15 November: Day at the Bangkok Weekend Market. The largest market in Thailand. Free evening (possibility to attend Thai boxing fights at the Rajadamnern Muay Thai Stadium - around €40)

Sunday, November 16: Visit to Wat Pho and the flower market. Evening at the restaurant

Monday, November 17: Visit to Ancient City. Free evening

Tuesday, November 18: Visit to the Klongs by boat. Evening at the restaurant

Wednesday, November 19: Transfer to Bangkok airport

This program can be modified